



*Delight yourself also in the Lord, And He shall give you the desires of your heart. Commit your way to the Lord, Trust also in Him, And He shall bring it to pass.* Psalm 37:4-5

*I delight to do Your will, O my God, And Your law is within my heart."* Psalm 40:8

### How We Delight Ourselves is Very Important to God

**Definition of delight:** To take delight in something is to get **great pleasure**, be happy about, make merry over, and derive **enjoyment**.

Know that you **were created** for such delight.

When God created Adam, He demonstrated considerable concern for Adam's enjoyment. He placed Adam in a garden - not a wilderness. He provided for Adam all the trees of the garden and the fruit of those trees for his enjoyment.

There was only one tree denied Adam - and even that tree provided Adam with something; **it provided him the opportunity of choosing to live in obedience to God.**

We all need to discover the joy of pleasing God with our choices.

**We can choose to delight ourselves in the Lord no matter what our circumstances.** Often our breakthrough is found when we build our lives around the simple devotion of delighting ourselves in the Lord.

When we live to please ourselves, we live outside of how we were designed. Living in fellowship with our Creator gives us true purpose.

If we delight, or make ourselves happy in the Lord, He will provide us **with true joy**, and the desires we need will be fulfilled!

Desire to please God and you will be \_\_\_\_\_ with God.

*"Then you shall delight yourself in the LORD; And I will cause you to ride on the high hills of the earth, And feed you with the heritage of Jacob your father. The mouth of the LORD has spoken."* Isaiah 58:14

Our delight expresses the **fullness** of our heart about the object of our delight.

Delighting is a very important key to all relationships. What you delight in tells everyone around you the **condition of your heart**.

One of the things the Lord hates is when someone is quick to run to do evil, (Prov. 6:18) Why? It indicates taking delight or pleasure with something that is wrong, **misplacing our delight for good with a delight for evil**.

Often we focus on the desires of our heart and **underestimate the delight we are to find in the Lord**. Our delight determines our \_\_\_\_\_!

### What Delighting In the Lord Provides

*The LORD delights in those who fear Him, who put their hope in His unfailing love. Extol the LORD, O Jerusalem; praise your God, O Zion, for He strengthens the bars of your gates and blesses your people within you. He grants **peace** to your borders and **satisfies** you with the finest of wheat. He sends his command to the earth; **His word runs swiftly**.* Psalm 147:11-15

1. He will **delight** in providing **strong protection** for you.
2. He will provide **peace**.
3. He will provide **satisfaction** for your soul.
4. He will send His anointed Word \_\_\_\_\_ to you.

*But his delight is in the law of the LORD; and in His law he meditates day and night.* Psalm 1:2 5

*I delight to do Your will, O my God, And Your law is within my heart."* Psalm 40:8

5. He will **watch over** you to deliver you!  
*He trusted on the LORD that He would deliver him: let Him deliver him, seeing he delighted in Him.* Psalm 22:8

### Affirming Your True Delight

*I delight greatly in the LORD; my soul rejoices in my God. For He has clothed me with **garments of salvation and arrayed me in a robe of righteousness**, as a bridegroom adorns his head like a priest, and as a bride adorns herself with her jewels.* Isaiah 61:10

One of the main distinctions Jesus always clarified was issues of  **motive**. Delight is a much better **motivator** than duty.

In your experience, is your walk with God a delight or a duty?

**Core Point:** What we derive our joy from is very important. God designed us to find our fulfillment in Him and how He designed us to live. Cultivate a daily mindset to enjoy yourself as you choose to delight yourself in the Lord!

**Core Statement:** I choose to delight myself in the Lord! I keep my heart safely in the place of protection of delighting in Him. I discover a deep fellowship in His love, as I let Him be the center of all my delight.